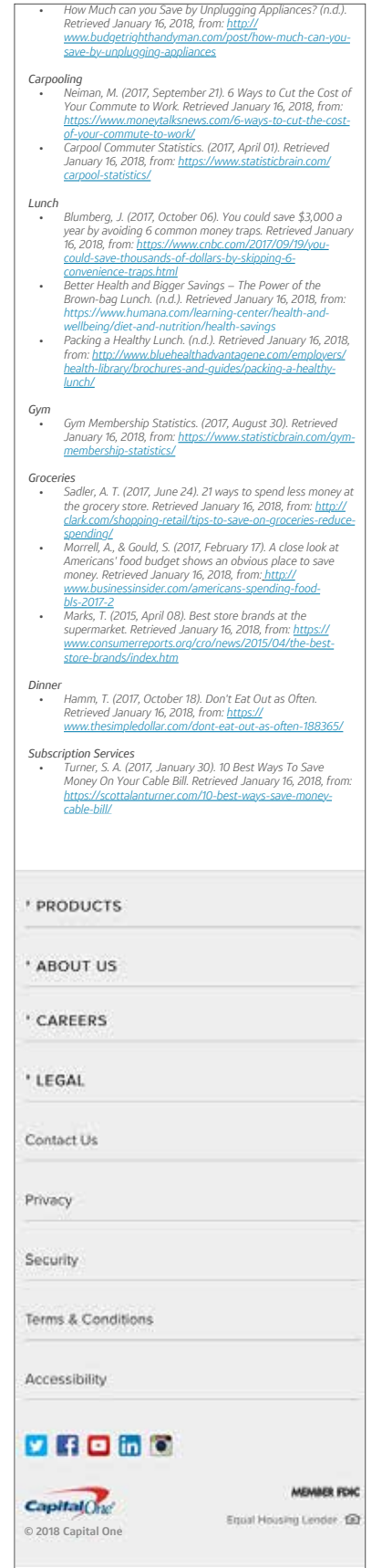
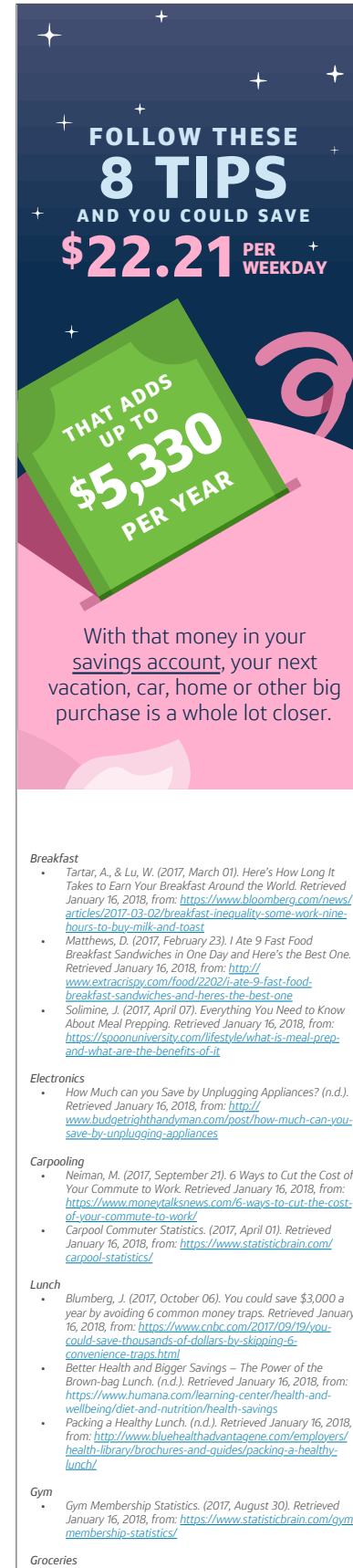
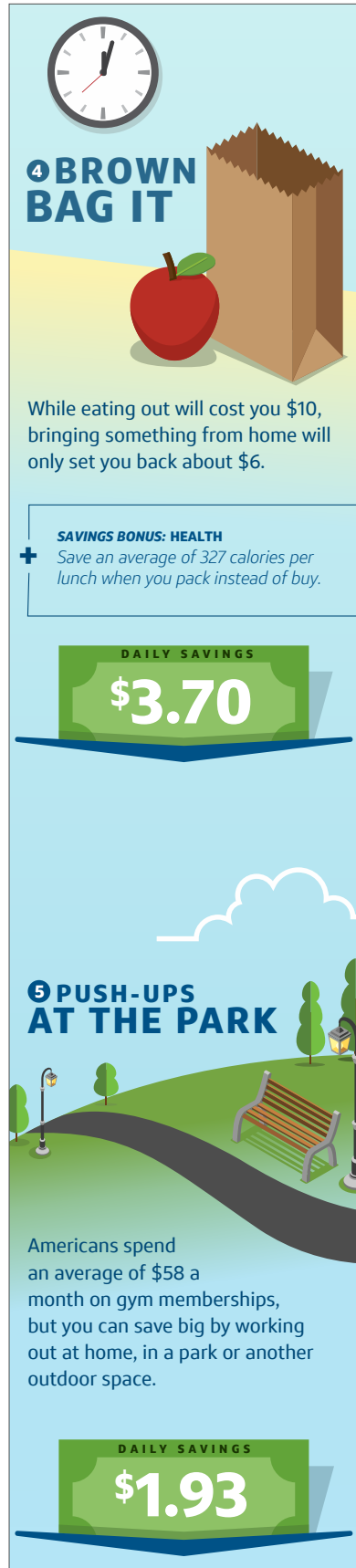





# Maximize Your Budget Infographic

Final

# Maximize Your Budget—Mobile





PersonalBusinessCommercial

SearchLocationsSign In

Credit CardsBankBorrowInvestLearnContact

8

Easy Ways to  
SAVE MONEY

Maximize your budget with these creative cutbacks.

1

MAKE YOUR  
MORNING  
MEAL

Take time on Sunday to prep your breakfasts for the week, so you'll have something tasty that will also save you money.

SAVINGS BONUS: TIME

With meal prep, you can make 5 meals in the time it normally takes to make 1.

DAILY SAVINGS

\$2.24

2

UNPLUG UNUSED  
ELECTRONICS

American households spend an average of \$100 each per year to power devices that are turned off. Be sure to unplug before you hit the road.

DAILY SAVINGS

\$0.27

3

ORGANIZE A  
CARPOOL

The average American spends \$2,600 per year on commuting, but if you ride with a coworker or spouse who works nearby, you can cut that cost in half.

SAVINGS BONUS: TIME

Americans avoid 56K miles of traffic and save time every year by carpooling.

DAILY SAVINGS

\$5.42

4

BROWN  
BAG IT

While eating out will cost you \$10, bringing something from home will only set you back about \$6.

SAVINGS BONUS: HEALTH

Save an average of 327 calories per lunch when you pack instead of buy.

DAILY SAVINGS

\$3.70

5

PUSH-UPS  
AT THE PARK

Americans spend an average of \$58 a month on gym memberships, but you can save big by working out at home, in a park or another outdoor space.

## Maximize Your Budget—Desktop continued

## 5 PUSH-UPS AT THE PARK

Americans spend an average of \$58 a month on gym memberships, but you can save big by working out at home, in a park or another outdoor space.

**\$1.93**

## 6 SCORE WITH STORE BRANDS

**SAVINGS BONUS: TASTE**  
You won't miss out on flavor—63% of shoppers are completely or very satisfied with store brands.

You can save an average of 25% on generic brands over name brands, which makes a big dent in the average American's \$4,015 annual grocery spending.

**\$2.75**

## 7 DO DINNER AT HOME

But don't feel the need to say goodbye to restaurants altogether. Instead, eating at home just twice more each week can save you big.

**\$2.50**

## 8 PRESS PLAY ON SUBSCRIPTION SERVICES

**DAILY SAVINGS**  
**\$2.50**

## 8 PRESS PLAY ON SUBSCRIPTION SERVICES

Cut out cable and pay for a streaming service or two to get all the entertainment you need for less.

**DAILY SAVINGS**  
**\$2.06**

**FOLLOW THESE 8 TIPS**  
AND YOU COULD SAVE **\$22.21**  
PER WEEKDAY

THAT ADDS  
UP TO  
**\$5,330**  
PER YEAR

With that money in your savings account, your next vacation, car, home or other big purchase is a whole lot closer.

Breakfast

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3. Solimine, J. (2017, April 07). Everything You Need to Know About Mail Prepping. Retrieved January 16, 2018, from <https://xpo.com/university.com/fitness/what-is-mail-prep-and-what-are-the-benefits-of/>

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 • Marks, T. (2015, April 08). Best store brands at the supermarket. Retrieved January 16, 2018, from [https://www.consumerreports.com/news/2015/04/the\\_best\\_store\\_brands\\_at\\_marks/](https://www.consumerreports.com/news/2015/04/the_best_store_brands_at_marks/)

## Dinner

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